

Substitute Bill No. 6664

January Session, 2003

AN ACT CONCERNING CHILDHOOD NUTRITION IN SCHOOLS, RECESS AND LUNCH BREAKS.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

- Section 1. (NEW) (*Effective July 1, 2003*) (a) For the purposes of this section:
- 3 (1) "Soda water" means a beverage that is made by charging potable
- 4 water with carbon dioxide and adding natural or artificial sweeteners.
- 5 (2) "Water ice" means a frozen dessert made of water, sugar and flavoring.
- 7 (3) "Candy" means any food item containing more than forty per 8 cent added sugar by weight.
- 9 (b) No local or regional board of education shall allow the sale of the 10 following items to students on school premises until after regular
- 11 school hours:
- 12 (1) Chewing gum;
- 13 (2) Candy;
- 14 (3) Soda water;
- 15 (4) Water ice;

- 16 (5) Coffee;
- 17 (6) Tea;

26

27

28

29

30

31

32

33

34

35

36

37

- 18 (7) Any juice product that contains less than ten per cent full-19 strength juice by volume; or
- 20 (8) Any item that contains more than eight grams of fat except nuts, 21 peanut butter, cheese, ice cream, butter, margarine and salad dressing.
- 22 (c) The State Board of Education, in consultation with the 23 Department of Public Health, shall adopt regulations, in accordance 24 with the provisions of chapter 54 of the general statutes, for purposes 25 of this section.
 - Sec. 2. (NEW) (Effective July 1, 2003) Each local and regional board of education shall ensure that (1) each child, in the schools under its jurisdiction, be provided with an opportunity for a lunch break that is a minimum of twenty minutes every school day, and (2) each child in grades kindergarten to five, inclusive, in the schools under its jurisdiction, has the opportunity for physical activity for a minimum of twenty minutes every school day or a minimum of one hundred minutes every week, except that the planning and placement team may develop a different schedule for a child requiring special education and related services in accordance with chapter 164 of the general statutes and the Individual With Disabilities Education Act, 20 USC 1400 et seq., as amended from time to time.

This act shall take effect as follows:	
Section 1	July 1, 2003
Sec. 2	July 1, 2003

ED Joint Favorable Subst.